



## USER RULES & REGULATIONS

### **GENERAL – ALL RECREATIONAL FACILITIES**

1. Users must sign the Recreation Services waiver form in order to participate in programs, services and drop-in activities in the recreational facilities. Youth (<18 years old) must get a parent or legal guardian to sign the Recreation Services parental consent form.
2. It is the responsibility of each external organization to communicate the rules & regulations of our recreational facilities to their users.
3. **All current Public health orders including (but not limited to) vaccination requirements, negative test results, masking and social distancing will be followed for anyone entering the facility.**
4. Unregistered or unscheduled use of facilities is not permitted.
5. Lending or using another individual's membership identification will result in disciplinary action of those involved.
6. Photography/videography is prohibited without prior approval of the Recreation Services management team.
7. The playing of recorded music is prohibited without prior approval of the Recreation Services management team. Personal use of devices with headphones is allowed.
8. Pets are not allowed on the premises. Service dogs are allowed.
9. Participants under the age of 18 years old will be asked to leave the recreational facilities after 9pm.
10. Participants are asked to report all equipment malfunctions, personal injuries and specific concerns to Recreation Services staff and/or management team.
11. Recreation Services is not responsible for any lost, stolen or damaged property.
12. Smoking and the use of drugs is not permitted on the University of Winnipeg campus.
13. Alcohol is not permitted in the Axworthy Health and RecPlex and the Duckworth Centre. Any individual or group may be banned from the facility if caught with alcohol. Special events/activities that are approved to use alcohol by the Recreation Services management team and have an appropriate liquor permit may have/serve alcohol at designated areas in the facility.
14. All participants are subject to the Recreation Services' Code of Conduct  
<https://www.uwinnipeg.ca/recreation-services/docs/code-of-conduct.pdf>.
  - Users are accountable for their behavior and are expected to follow basic rules; treat everyone with respect, refrain from yelling and use of vulgar language, act in a safe and responsible manner in all areas of the facilities, respect others' personal space.
  - Aggressive, suggestive, or demeaning comments and questions are not acceptable. Fighting is prohibited.
15. The University of Winnipeg Respectful Work and Learning Environment Policy is in effect in the recreational facilities and must be followed by everyone. Details at <https://www.uwinnipeg.ca/respect/>.
16. Recreation Services employees have the right to refuse entry or remove any patron not abiding by the user rules & regulations.

### **DUCKWORTH CENTRE**

#### **BILL WEDLAKE FITNESS CENTRE**

1. Members must be a minimum of 16 years old to enter the Fitness Centre. Exceptions may be approved by the Recreation Services management team.
2. A valid membership identification card is required to access the Fitness Centre.
3. Food & drinks are not allowed in the Fitness Centre with the exception of water/sport drinks.
4. Appropriate exercise attire must be worn in the Fitness Centre. Casual clothing is not allowed (no jeans, or any article of clothing with rivets).



5. Proper athletic shoes must be worn. Open-toed shoes, boots, sandals or casual shoes are not allowed.
6. Wipe down machines and equipment before and after use.
7. All bags, jackets, outdoor shoes are to be stored in lockers and are not permitted in the Fitness Centre.
8. Do not drop or throw weights.
9. Use of collars on barbells is mandatory at all times.
10. Equipment is not to be removed from the Fitness Centre. Weights must be restacked after use.
11. Return equipment and supplies to their proper location or to the Customer Service Desk after use.
12. Limit time on cardio machines to 30 minutes.
13. Outside Personal Trainers are not allowed. Trainers are available through the Customer Service Desk.
14. Fitness Centre hours are subject to change. Areas of the Fitness Centre may be reserved for groups/programming and are subject to the approval of Recreation Services Management.
15. Fitness Centre members must renew or clear items out of lockers by the expiry date. Expired lockers will be cleared; items remaining will be held for 30 days.
16. A replacement fee of \$10 will be applied for any lost or stolen membership cards.

#### **DR. DAVID F. ANDERSON GYMNASIUM & DUCKWORTH CENTRE TRACK**

1. Users participating in physical activity must wear proper gym attire including shoes. (no jeans or khakis)
2. Users participating in physical activity must wear clean athletic shoes, as dirt can scratch and damage the gym floor, and also reduce shoe traction.
3. Spectators are permitted to wear clean outdoor shoes in the Gymnasium.
4. Table/Chair and equipment use must be approved by Recreation Services staff and/or management.
5. These spaces are available for scheduled bookings and Bill Wedlake Fitness Centre member use only.
6. Follow posted track direction.

#### **RACQUET/HANDBALL/SQUASH COURTS**

1. These spaces are available for scheduled bookings and Bill Wedlake Fitness Centre member use only.
2. Non-members must purchase a day pass to use the courts and may book a court at the Bill Wedlake Fitness Centre Customer Service Desk with same day purchase of Squash/Racquetball/Handball Day Pass, or over the phone if a day pass has been purchased online.

#### **AXWORTHY HEALTH & RECPLEX**

1. Food & drinks are not allowed on field level, in the community gym or in the change rooms with the exception of water.
2. No spitting on the field. Participants caught spitting will be asked to leave.
3. Participants must wear clean shoes that are appropriate for athletic activity. Plastic molded cleats are permitted on the turf. No metal or screw-in cleats are allowed.
4. Spectators are not allowed on the field level. Parents/guardians can assist their children in the change rooms but then must exit the field level and proceed to the 2nd floor.
5. Respect your allotted rental time. Do not enter the activity spaces until your scheduled rental time begins and please leave the area at the end of your booking.
6. Use the change rooms to change. Changing on the field is not permitted.
7. All bags, jackets and outdoor shoes are to be stored in the assigned lockers while using the field and the temporary storage units while using the community gym. Please do not leave belongings in the change rooms.



8. Teams will be assigned a change room and a locker key from the Security Desk. Keys are to be picked up by one team representative at the Security Desk at the main entrance. You must leave your car keys in exchange for the locker key. Return the locker key when your team has finished using the dressing rooms. Loss of the locker key will result in a \$25 fee to receive your items back.
9. Dressing rooms are scheduled on a rotating basis with other users in the complex. When your team is on the field, another team may be scheduled to use your dressing room. Secure your personal belongings in the locker designated to your team. You will be allowed to enter your dressing room 15 minutes prior to your rental time and we ask that you exit within 15 minutes afterwards. Do not switch dressing rooms/lockers with other teams/users.
10. Participants are required to enter the building through the south east main entrance.
11. All teams should have their own first aid kit at their bench.
12. Dispose of trash or recycle items from bench areas and dressing rooms when finished.

***Rules and Regulations are subject to change without notice.***

***The user understands and agrees to comply with particular rules and requirements of each facility.***